



a program of
THE BROOKLINE CENTER for
COMMUNITY MENTAL HEALTH

We recognize what a challenging time this is. We know that parents and caretakers are under tremendous pressure and we want to help!

The BRYT Family Engagement Team invites you participate in our weekly Parent Support Groups.

WEEKLY VIRTUAL PARENT SUPPORT GROUP SCHEDULE - THROUGH ZOOM

MONDAYS 1:00 PM
[CLICK HERE](#), PASSWORD: 710805

TUESDAYS AT 3:00 PM
[CLICK HERE](#), PASSWORD: 710805

WEDNESDAYS AT 8:00 AM
[CLICK HERE](#), PASSWORD: 6XK1IK

THURSDAYS AT 9:00 AM
[CLICK HERE](#), PASSWORD: 5IZ0GP

***** Confidentiality Agreement*****

In order to create a safe space for all we ask that by participating in a group you are acknowledging to also keep all information including names, schools, etc. confidential.

TOPICS FOR THE WEEK

- Mon. 4/13 - Mindful Parenting
- Tues. 4/14 - A Discussion about kids completing/not completing academics
- Wed. 4/15 - Open Discussion
- Th. 4/16 - The Parents are NOT all Right

You will want to read [this article](#) in advance

